

#TeamWilder Action for Nature Day

Sunday 9 March 11am – 3pm Cliffe Castle, Keighley, BD20 6LH

Spring into action with Yorkshire Wildlife Trust, Natural England and friends!

Whether you are just getting started on your nature journey, want to deepen your knowledge about how to support wildlife on your doorstep or simply enjoy being in nature for your health and wellbeing, then this event is for you!

- Participate in creative activities for all ages
- Improve your knowledge with interactive, practical workshops
- Join nature walks
- Meet like-minded people and organisations
- Find out about volunteering opportunities
- Discover how you can play your part in creating a wilder Yorkshire.



Scan the QR code for more information or go to:

ywt.org.uk/team-wilder/events

FREE EVENT

No booking needed. Small donation for

some activities.

Light refreshments

will be provided.



Funded by and delivered in partnership with Natural England.

Yorkshire Wildlife Trust is registered in England no. 00409650 and is a registered charity no. 21080 Registered Office: 1 St George's Place, York, YO24 16N



#TeamWilder Action for Nature Day Programme

Sunday 9 March 11am – 3pm at Cliffe Castle, Keighley

Talks, walks, and workshops to help you make a difference for wildlife where you live.

Throughout the event a free self-led family trail will take place in the Natural History Gallery of the museum. Learn about our local wildlife and their habitats, then take part in nature sketching activities.

| Time | Indoors (inside the museum education room) | Outdoors (meet outside museum entrance) |
|-------|--|--|
| 10:30 | | Litter pick – join Cliffe Castle Support Group on their first litter pick of the year. |
| 11:00 | Information stalls open 11am – 3pm inside and outside the museum. Browse stalls to discover the incredible groups and organisations supporting wildlife in and around Bradford, with natural crafts, environmentally themed games and activities for all including planting with Get Out More. | |
| 11:15 | Bradford's biodiversity team – discover how Bradford Council are protecting and improving conditions for our local biodiversity superstars and what you can do to help. | Forest bathing walk – Join Annie from Get Out More CIC as she shares some fun creative exercises to develop observation skills and deepen your connection with nature. Try a range of sensory, nature-based activities to inspire regular nature journalling to support wellbeing. |
| 11:45 | Feeding our feathered friends – top tips for feeding wild birds in your garden and the best plants to grow to give wildlife a helping hand. | |
| 12:15 | Make a willow birdfeeder or nest material dispenser – try your hand at making a bird feeder or nest material dispenser out of willow to take home. | Our wonderful woodlands – introduction to tree identification and explore the health benefits of being immersed in nature with Woodsworth Exploring Ltd. |
| 12:45 | Networking, natter and nibbles – enjoy tasty light refreshments and meet organisations, groups and likeminded individuals as we connect to explore how we can work together to support nature's recovery. | 13:00 Precious peat – meet Yorkshire Peat Partnership at the mega bog by the glasshouse to discover the wonders of peat bogs, what makes them so unique, and how you can help protect them. |
| 13:30 | Precious peat (continued) – channel your newfound knowledge into creativity as artist Naseem Darbey guides you through a hands-on drawing workshop inspired by the magic of bogs. | |
| 14:00 | Understanding woodland management – discover how Woodsworth Exploring Ltd transformed an overcrowded plantation into a biodiverse ecosystem through thinning, felling and planting. | Nature connectedness wellbeing walk – Join Val Preston (Truly Essential Wellbeing) to explore the park and connect with nature using your senses, meditational breathing and Qi Gong movements. Join in or do the walk your way. Dress for the weather. <u>www.trulyessential.co.uk</u> |
| 14:30 | Urban wildlife gardening – join Yorkshire Wildlife Trust to discover what can you do in a small space to really benefit wildlife. | |

14:00–15:00 Ye Olde Seed Shop – come along to the conservatory to take home free native wildflower seeds to improve the biodiversity of your garden.

